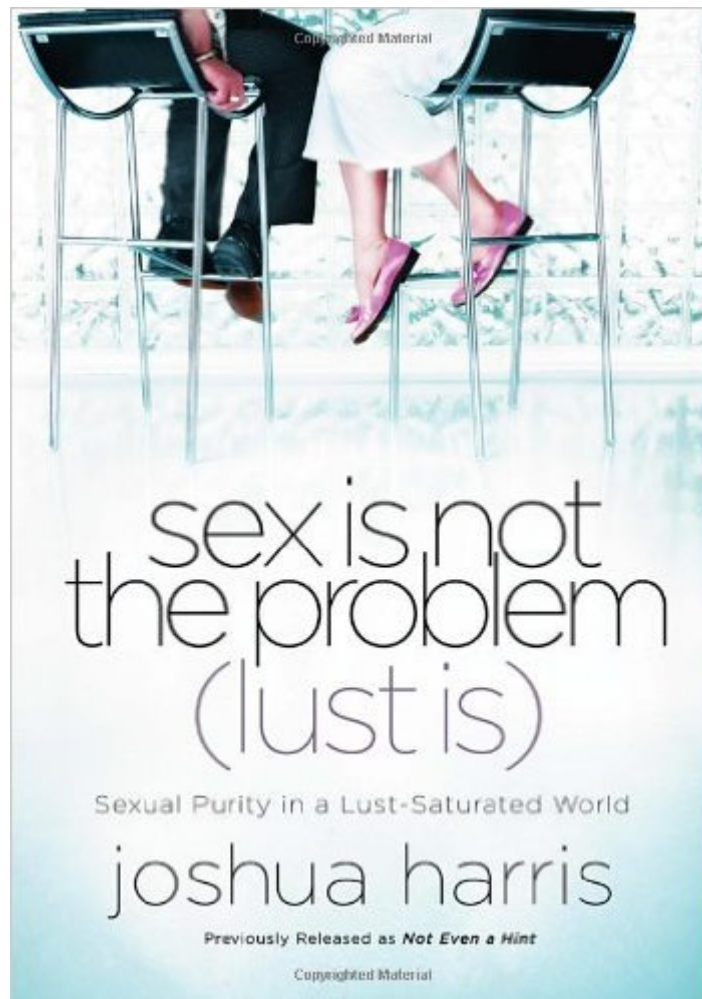


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# Sex Is Not The Problem (Lust Is): Sexual Purity In A Lust-Saturated World



## Synopsis

Lust isn't just a guy problem â€” it's a human problem. And unless we honestly confront it, lust will destroy our relationships and our lives. Joshua Harris, author of the runaway bestseller *I Kissed Dating Goodbye*, calls a generation bombarded with images of sexual sin back to the freedom and joy of holiness. This "PG-rated" book â€” straightforward without being graphic â€” speaks to those entrenched in lust or just flirting with temptation. Honestly sharing his own struggles, Harris exposes lust's tactics and helps readers create a personal plan for fighting back. Men and women will find hope in God's grace and learn the secrets to lasting change. Neither sex nor sexuality is our enemy. We need to rescue our sexuality from lust so we can experience it as God intended. Bestselling author Joshua Harris shows you how lust deceives you. Specific and honest without being graphic, this bookâ€”for both men and womenâ€”will guide you in creating a custom plan for fighting lust and celebrating purity. Praise for *Sex Is Not the Problem (Lust Is)*â€”For your joy and Christâ€™s honor, I commend this book to you. It is realistic, practical, and hope-giving.â€”  
• -John Piper, pastor of Bethlehem Baptist Church, Minneapolis â€”  
• A beautiful blend of grace and truth. Joshua Harris raises high standards of holiness while carefully avoiding legalism. I highly recommend it.â€”  
• -Randy Alcorn, bestselling author of *The Treasure Principle* and *The Purity Principle* â€”  
• I am very encouraged that my longtime friend Josh Harris has written a book about lust. May God use this book to keep many from allowing their minds to become â€”the devilâ€™s playground.â€”  
• -Rebecca St. James, singer/songwriter  
Story Behind the Bookâ€”I was preparing a message on lust when I realized that the book I wanted to consult hadnâ€™t been written. That book would make it clear that only Jesus Christ can free us from the hopeless treadmill of shame and guilt that so many well-intentioned people end up on. It would instill a love for holiness and a hatred for sin without dragging the readerâ€™s imagination through the gutter. And it would be for both men and women, because Iâ€™ve learned that lust isnâ€™t just a guy problemâ€”itâ€™s a human problem.â€”  
• -Joshua Harris

## Book Information

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## Customer Reviews

Most of the reviewers have hit upon some of the main things that makes this great. Yet some reviewers accuse Josh Harris of borderline legalism because of the steps he has personally taken to properly handle his lust problem (and some examples from others who are fighting this sin). As a young man who, like Harris, is weak in this area, struggling with legalistic attitudes on one side and full-blown licentiousness on the other, this book has been a breath of fresh air, a glass of cool, clear water. While it does offer practical advice, Harris is not so arrogant as to claim that this is the one-size-fits-all practical guide to lust. First, he points out a group of young people who would fast if one of the group looked at internet pornography. Instead of praising this method, Harris is disappointed and points out that One has already paid the punishment for every sin we have and will commit. To make other people "pay" for your sin is to deny the sufficiency of the atonement of Christ. He says: "If you were to use the practical ideas I'm about to share with you as a legalistic set of guidelines, not only would it be displeasing to God, but you wouldn't change. Your behavior might change for a while, but your heart wouldn't change." (p. 50) And regarding his friend that stayed outside the video store, was he saying it was right for everyone to do so? By no means! His friend had recognized the areas that caused him to lose sight of Christ, and for that time in his life, video stores were a struggle. This is vastly different than telling everyone, "So, like my friend, you shouldn't go into video stores, either." This is exactly it: Have we really tasted of God to the degree that we want nothing less than satisfaction in Him?

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